



March Programs at the Paul Smith's College VIC

The Paul Smith's College VIC has put together a full schedule of activities to educate and inform Adirondack Park residents and visitors about the natural wonders of the Adirondack Mountains. You can help support these programs by joining the Friends of the VIC. Membership is available at a range of levels, starting with individual memberships with a minimum of \$45 annual contribution. For more information on Friends of the VIC memberships, visit <http://friendsofthevic.com>. The VIC building is open daily 9:00 AM to 5:00 PM.

Daily, starting 2 March – New Moon Art Show: **Naturally: Photographs by Burdette Parks and Paintings by Mary Woodcock Johnson**

The Paul Smith's College VIC is hosting an art show in the Great Room Art Gallery featuring work by artist Mary Woodcock Johnson and photographer Burdette Parks. The show runs from 2 March through 29 March 2014. Free admission. Underwritten by Friends of the VIC.

Daily – Adopt a Sugar Maple

Support the development of maple sugaring at the VIC by adopting a tree for \$50. We'll do the tapping, and you'll be investing in the education of an intern and the equipment to take loving care of the tree. The best part is you get a quart of maple syrup from "your tree" when it's ready! (Shipping not included.) Adoption papers are available at the VIC front desk. Makes a great gift!

Sunday Ski & Music at the VIC

The VIC will feature a variety of local musicians on most Sunday afternoons from 1:00 to 3:00 PM. Grab your skis, boots, and poles and head to the VIC for a fun afternoon of skiing and music. 2 March: Sunday's Celtic Kitchen; 9 March: Kevin Sabourin; 16 March: Open Celtic and Traditional Jam hosted by Sue Grimm, Steve Borst and Erik VanYserloo. Free with day pass. Underwritten by Friends of the VIC.

Paul Smith's College VIC
8023 State Route 30
Paul Smiths, New York 12970
518-327-6241 | Email: bmcdonnell@paulsmiths.edu | www.adirondackvic.org

Tuesday, 4 March – Strawberry Production Workshop

Amy Ivy of Cornell Cooperative Extension will offer a hands-on workshop on strawberry production, focusing on new ways of growing strawberries in field soil. The workshop will cover annual production systems, detecting and mitigating soil-borne pests, and utilizing biological control of root weevil complex. 9:30 AM to 2:00 PM. Cost: \$5/person includes lunch. To register, contact Amy Ivy at adi2@cornell.edu or call (518) 561-7450 or (518-570-5991).

Wednesday, 5 March – No School Day: Track Seasonal Change at the VIC

Children aged 7-11 are invited to a half-day program to learn about seasonal changes in the Adirondacks. Bring your outdoor clothes for walking and playing in the snow, and food for snack. Bring snowshoes or rent them for an additional fee of \$5. This program will follow a half day of school for many students, running from 12:45 PM to 4:45 PM. Reservations are required. Reserve your place by 12:00 PM, Tuesday, 4 March 2014, by calling 518-327-6241. Minimum class size is 4. The fee is \$20 per person, \$15 for Friends of the VIC.

Saturday, 8 March – Explore the VIC Snowshoe Walk

Come to the VIC to learn about the wonders of winter in the Adirondack Park with VIC Naturalist Brian McAllister. The snowshoe walk topics include tracking, winter survival, and winter birding. The walk starts at 10:00 AM and ends around noon. Participants meet in the VIC building. \$20 per person; the cost includes your day pass. \$10 for VIC season pass holders. Friends of the VIC receive a 25% discount. Snowshoe rentals available. Preregistration is required.

Thursday, 13 March – Armchair Science Lecture: Citizen Science: Roadkill App

The VIC's Armchair Science Lecture series continues on 13 March with a presentation by wildlife ecologist Danielle Garneau on a citizen science project designed to help scientists track ecological trends. The lecture begins at 7:00 PM in the VIC auditorium. \$5 per person. Free to season pass holders, Friends of the VIC, and Paul Smith's College students, faculty, and staff.

Friday, 14 March – Bunny Boot Ball

Kick up your feet for a thumping good time at the VIC! We'll be skiing and dancing and generally having a good time at the VIC. There will be live music by the band Crackin' Foxy, snacks, a cash bar, a bonfire, and indoor and outdoor activities. Wear your big winter bunny boots, but bring your dancing shoes and join us for a fun night of music and dance. \$15 per person, \$25 per couple. Dress is Adirondack Outdoor Casual!

Saturday, 15 March – Winter Birding Trip to the St. Lawrence Valley

Join the Adirondack Birding Center on a trip to the shoreline of the St. Lawrence River and surrounding agricultural fields near Massena. Transportation provided. Cost: \$75 per person. 25% discount for Friends of the VIC. Preregistration is required; please call 518-327-6241 to register.

Saturday, 15 March – Adirondack Paintball Biathlon

The VIC has teamed up with our friends at Dewey Mountain and the New York Ski Education Foundation (NYSEF) to bring a paintball event to the Paul Smith's College VIC. Registration opens at 9:00 AM. The races start at 10:00 AM. The entry fee is \$10.00 for non-ski club members and \$5 for ski club members.

Saturday, 15 March – The Great VIC Rock Ski Challenge

Based on conditions, we will pick a 5 or 10 kilometer course that offers the most possibilities for fun on skis. Registration opens at noon. The race starts at 1:00 PM following the Adirondack Paintball Biathlon. The entry fee is \$20 per person or \$15 for Friends of the VIC. Hot beverages, prizes and snacks provided.

Friday, 21 March – No School Day: Tapping into Spring

Children 7 - 11 are invited for a full day program to learn about the sugar maple and how to turn sap into maple syrup. Bring your outdoor clothes for walking and playing in the snow, and food for lunch and a snack. Don't forget your snowshoes or rent them for an additional fee of \$5. Reservations are required. Reserve your place by 12:00 PM, Thursday, 20 March 2014, by calling 518-327-6241. Minimum class size is 4. The fee is \$35 per person, \$25 for Friends of the VIC.

Saturday, 22 March – Quilt Workshop: Tree of Life Quilt Blocks

In this workshop, you will learn techniques for making half-square triangles quickly and accurately, and then use these units to piece the Tree of Life quilt block. Construction of other quilt blocks using the half-square triangles will also be explored. Workshop hours are from 9:00 AM to 4:00 PM. The cost is \$45. Preregistration is required. Call 518-327-6241.

Saturday, 22 March & Saturday, 29 March – "Sap to Syrup" Maple Activity

Work with Paul Smith's VIC sugar makers Tom Manitta and Kyle Dash to experience all aspects of the syrup making process. Participants will go home with a pint of fresh maple syrup. The program runs from 1:00 to 4:00 PM. \$25 per person. Preregistration required. Limited to 10 participants per session. Contact: Brian McDonnell, bmcdonnell@paulsmiths.edu

22 & 23 March – Maple Weekend

The Paul Smith's College VIC is offering a maple weekend on 22 and 23 March 2014, with sugar bush tours, maple confections, family fun activities, workshops, and the grand opening of the VIC Sugar House.

Wednesday, 26 March – Astronomy Night at the VIC

Learn about the springtime constellations, vernal equinox, and meteor showers. This event will be a combination lecture and field night with the VIC's 14 inch Celestron (deep space) Telescope. The program begins at 7:30 PM. Cost: \$10 per person. Free for Friends of the VIC. Preregistration appreciated; please call 518-327-6241 to register.

Friday, 28 March – Winter Owl Prowl

Join Adirondack Birding Center Director Brian McAllister at 7:30 PM for a winter owl prowl. \$10/person, \$5 for Friends of the VIC. Children under 12 free when accompanied by an adult. Preregistration appreciated. Call the VIC at (518) 327-6241 for more information or email bmcdonnell@paulsmiths.edu.

29 & 30 March – Adirondack Maple Weekend

The Paul Smith's College VIC is joining with other maple producers in the New York State Maple Producers Association to offer an Adirondack Maple Weekend on 29 and 30 March. Weekend activities include sugar bush tours, demonstrations, maple confections made by the Paul Smith's College students, children's activities, and the first-ever VIC Maple Sap Run/Walk.

VIC MAPLE WEEKENDS

March 22 & 23, March 29 & 30

10 AM - 4 PM

The Paul Smith's College VIC will participate in the New York State Maple Producers Association Maple Weekends.

- ❁ On March 22, the PSC Sustainability Office will host a "grand opening" of the Student Sustainability Fund-supported VIC Interpretive Sugar House from 12 to 2 PM. Ribbon cutting by the PSC Maple Royalty will take place at 1 PM.
- ❁ On March 30, the VIC will host the inaugural Maple Sap Run. Participants will run or walk out to the VIC Interpretive Sugar Bush, fill up a quart bottle with maple sap, and return it to the VIC sugar house for processing. All participants will earn sweet prizes. Registration is at 9:30 AM. Start time is 10 AM. Entry fee is \$20, \$15 for Friends of the VIC. Pre-registration is appreciated.

On both weekends, we will offer family fun activities, a Sap to Syrup Workshop, syrup tasting, maple cotton candy, student-led interpretive walks to the VIC sugar bush, and hopefully syrup for sale.



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