

# *The North Star Quilt Block and other Designs using the Flying Geese Unit*

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Saturday, October 18, 2014  
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9:00 AM - 4:00 PM

## **Supply List**

### **Sewing machine and equipment:**

- sewing machine with bobbins, electrical cords, foot pedal
- quarter-inch sewing machine foot
- walking foot (optional)
- machine manual
- electrical power strip and heavy duty extension cord

### **Sewing tools:**

- extra machine needles
- straight pins
- seam ripper
- fabric scissors and small trimming scissors
- thread – medium value to coordinate with project, or beige or gray
- extra bobbins
- coordinating thread for machine quilting (if time permits)

### **Rotary cutting and Ironing Equipment:**

- rotary cutter with new blade
- cutting mat
- cutting ruler
- mini-iron and ironing mat for ironing at your table (optional – there will be two regular sized ironing stations available)
- pencil or marking tool

### **Miscellaneous:**

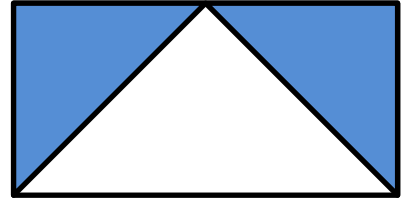
- zip-lock bags for small fabric pieces
- camera (optional)

### **Depending on your intended project:**

Pillow– 16” pillow form for the North Star pillow  
Quilt or wall hanging – batting

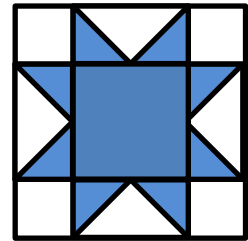
## The Flying Geese Unit

The North Star is one of the oldest patchwork patterns in our country's history. The Flying Geese design is a traditional quilt pattern that evokes a flock of geese flying in a V-formation. This versatile unit is used in many traditional quilt blocks as well as in modern quilt design.






## The North Star block (finished size – 8 inch square)

This block is made up of:

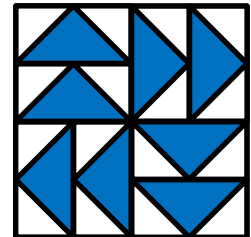


<u>Units</u>	<u>Number of Units</u>
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Flying Geese units	4	
corner squares	4	
center square	1	

## The Flying Geese block (finished size – 8 inch square)

This block is made up of:



<u>Units</u>	<u>Number of Units</u>
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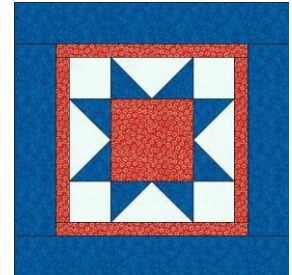
Flying Geese units	8	
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**Fabric:** *This page lists minimum requirements. It is a good idea to bring more fabric than you need to give yourself more choices. You may choose to make a larger quilt (baby, lap, etc.) We will also be exploring other blocks made with flying geese units.*

Projects:

1. If you choose to make the pillow (16" pillow form required) you will need:

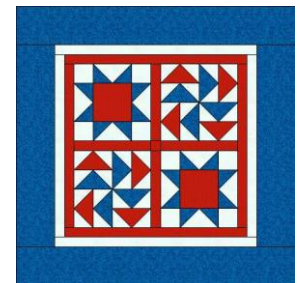
- One North Star block
  - Light background – ¼ yard (white)
  - Center square and inner border – ¼ yard contrasting fabric (red)
  - Star points, outer border and pillow back – ¾ yard matching or coordinating dark fabric (blue)



**Example 1 – 16" x 16" finished size**

2. If you choose to make a wall hanging, you will need:

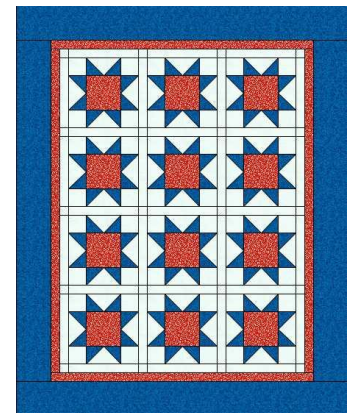
- Two North Star blocks
- Two Flying Geese blocks
  - Light background – ¾ yard (white)
  - Center squares, flying geese units and inner border – ½ yard (red)
  - Star points, flying geese and outer border – 1 yard (blue)
  - Backing – 1 yard
  - Batting – approximately 33" x 33"
  - Binding – approximately ¼ yard



**Example 2 – 29" x 29" finished size**

3. If you choose to make a larger quilt, you will need:

- Twelve North Star blocks
  - Light background and border – 1 yard (white)
  - Center squares and inner border – ¾ yard (red)
  - Star points and outer border – 1 yard (blue)
  - Backing – 1 ½ yard
  - Batting – approximately 42" x 51"
  - Binding – approximately ½ yard



**Example 3 – 38" x 47" finished size**